

# Keep the Commandments

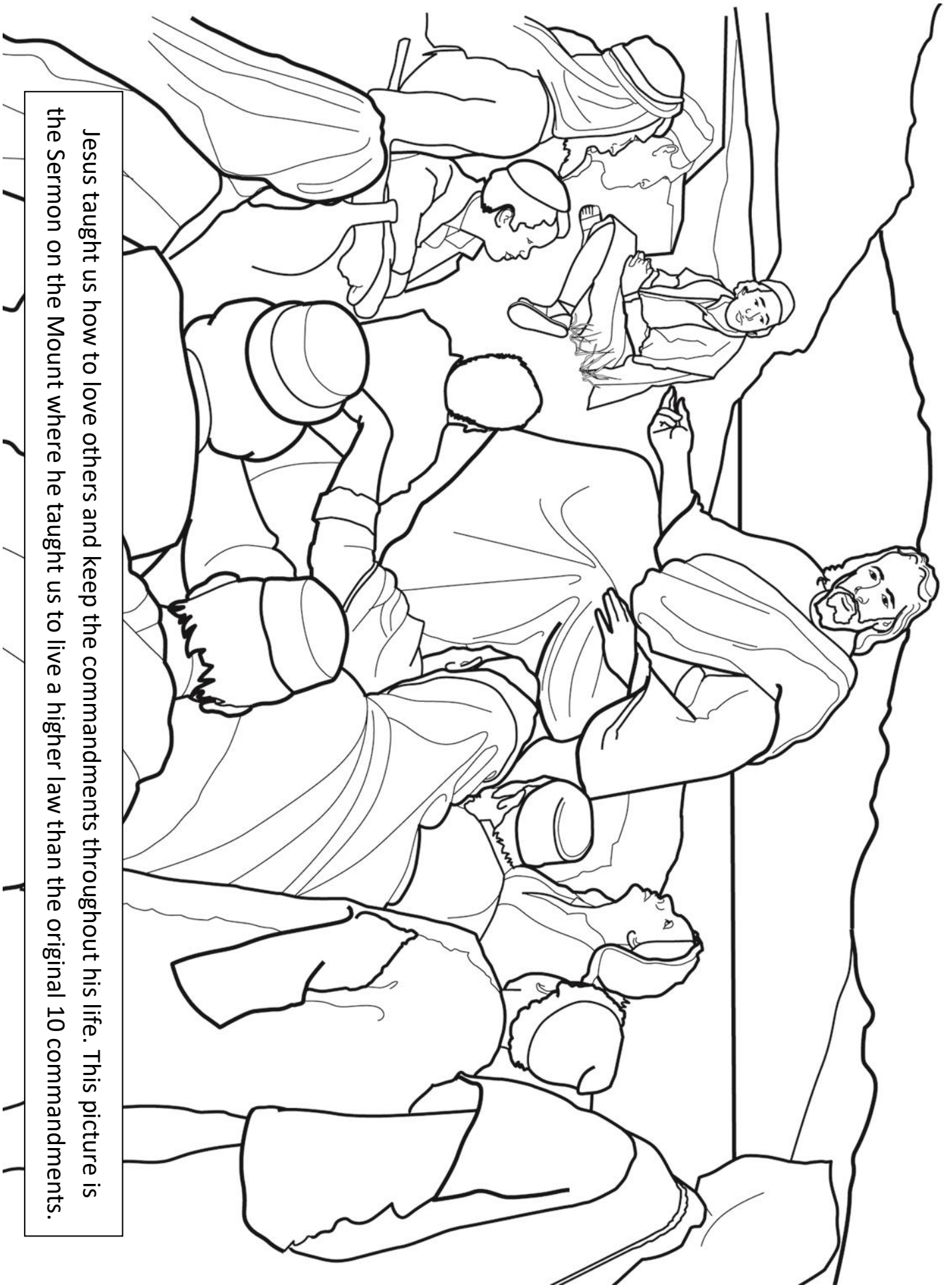
## Color the Commandments

### How to Play:

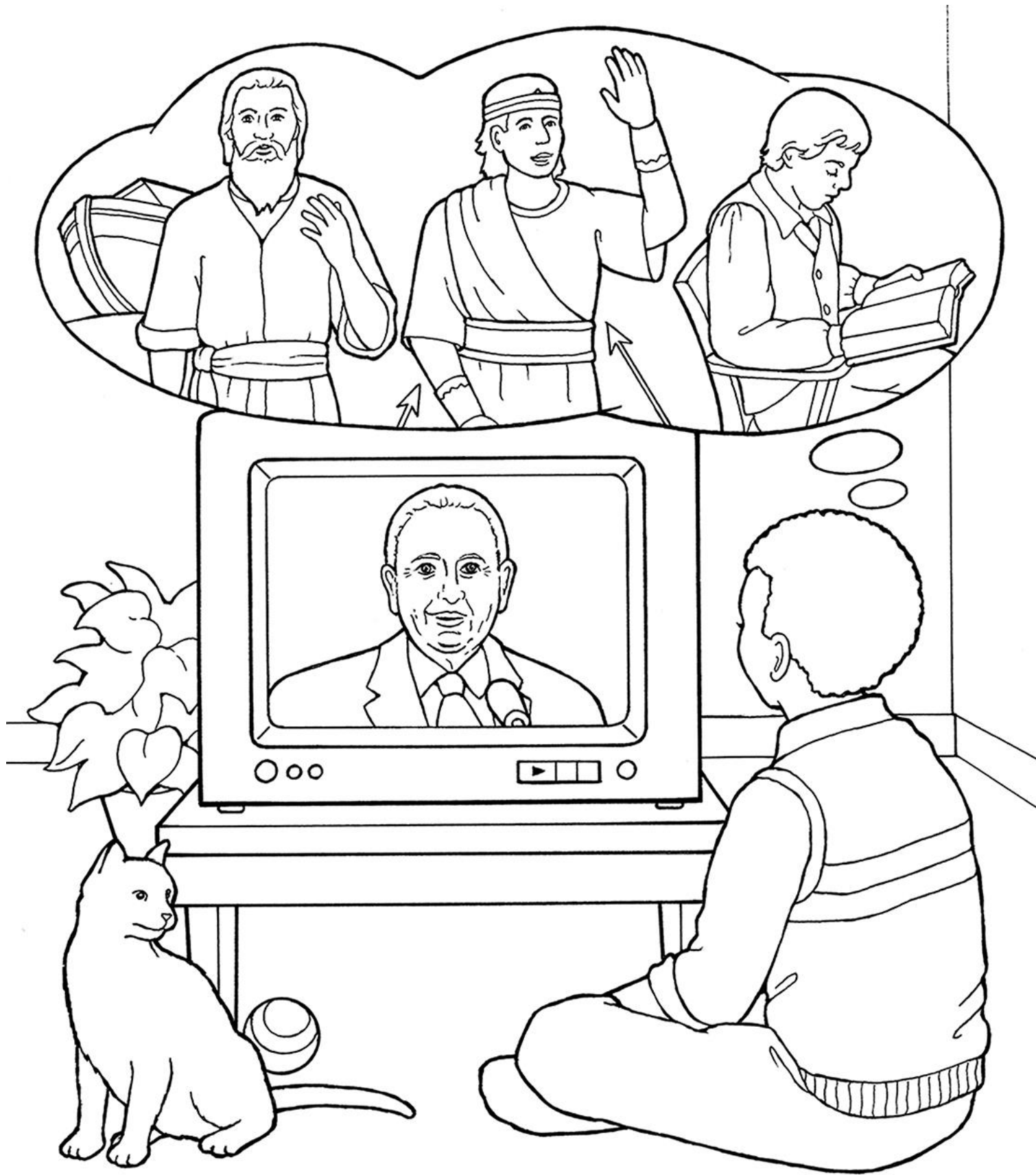
- Print one coloring page per child. You can choose your favorite from the option below or print all of them and let the children pick their favorite.
- Sing Keep the Commandments together as a Primary. Ask the children discussion questions, such as:
  - What are the commandments?
  - What prophet helped us to receive the 10 Commandments?
  - Do we receive any other commandments or instructions in our day?
  - Where are some places that we can learn about what Heavenly Father wants us to do in our life?
- Sing Keep the Commandments again together as a Primary. Then, have the children come up by class to pick a coloring page and grab a box of crayons. Or, if using the same 1-2 pictures for the whole Primary, you can have helpers come pass them out.
- Sing Keep the Commandments while the classes come up quietly and quickly to pick their pictures.
- Let the kids color their picture in Primary or let them take it home with them to color after church.

### Extension Activities:

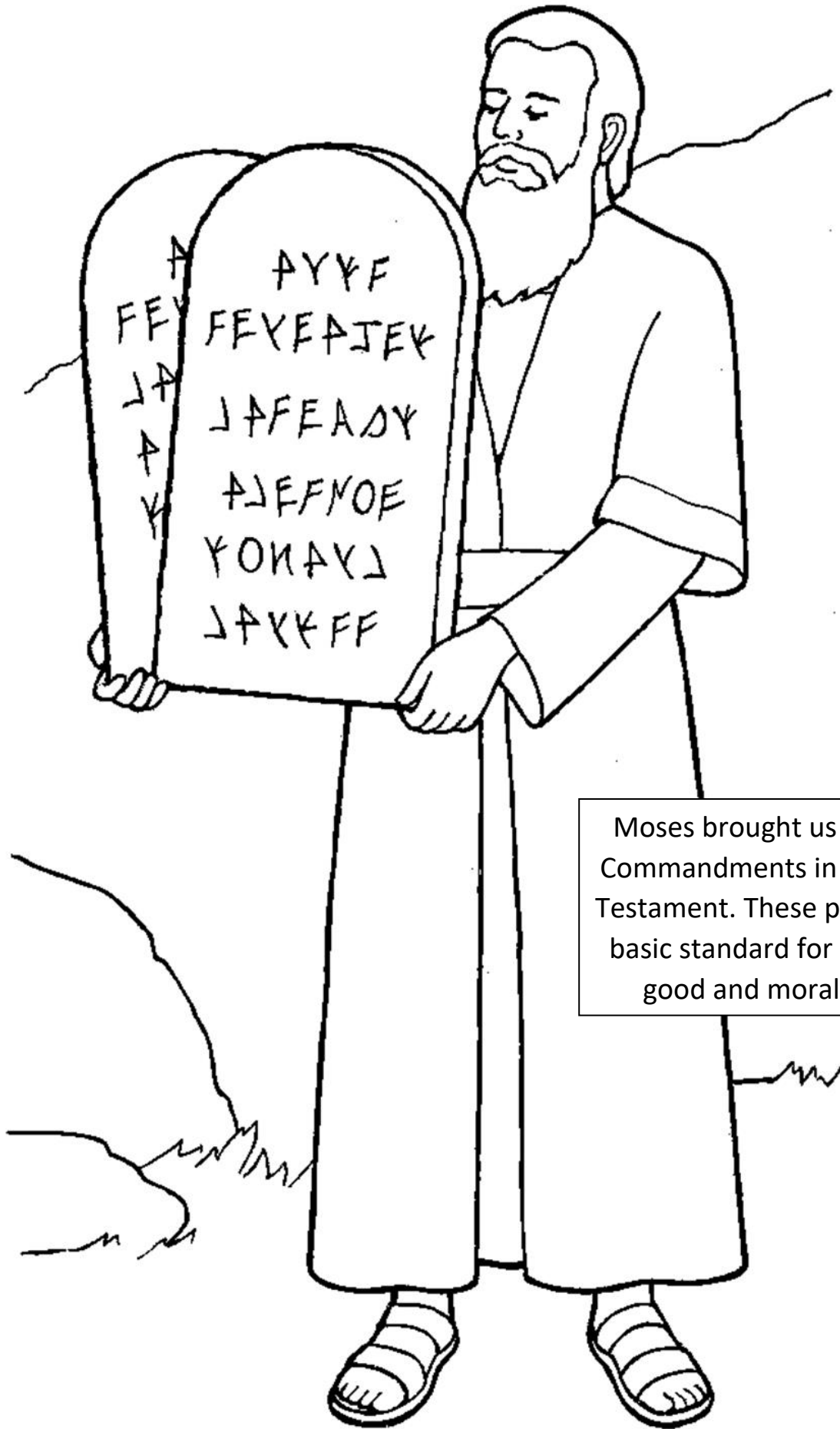
- Have the children come up in groups by those that have picked the same picture. For example, all the children who picked the picture of the Sermon on the Mount would come up front together. Ask the children what the picture means to them. How is it an example of learning about the commandments?
- Challenge the children to share their picture and the Keep the Commandments song with their family.



Jesus taught us how to love others and keep the commandments throughout his life. This picture is the Sermon on the Mount where he taught us to live a higher law than the original 10 commandments.



At General Conference we receive counsel from the prophet, apostles, and other leaders to help us better keep the commandments as we strive to be like Jesus.



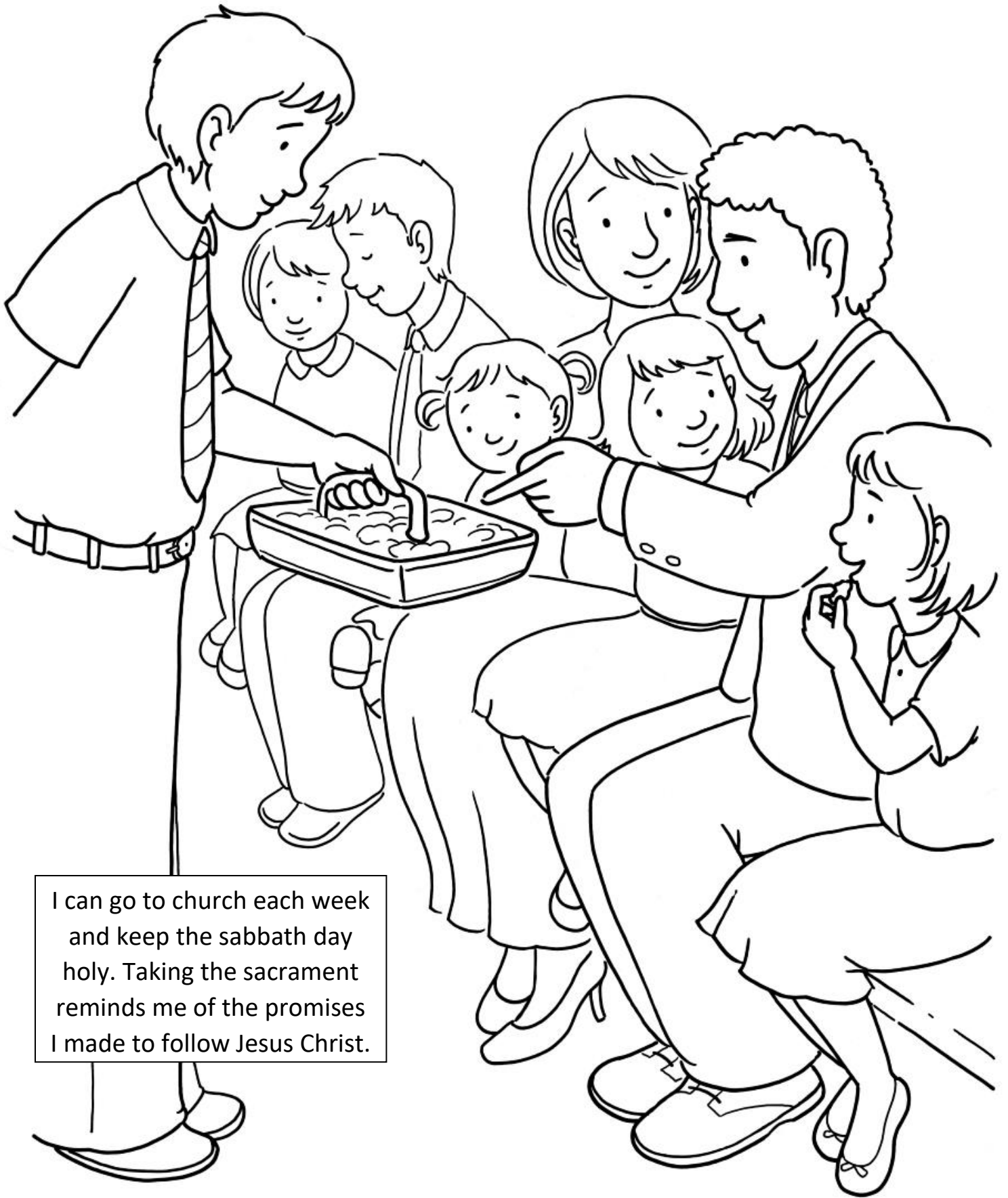
Moses brought us the 10 Commandments in the Old Testament. These provide a basic standard for living a good and moral life.



In the temple, we make covenants with Heavenly Father and come closer to Him. We can also receive direction for our lives and personal guidance we should follow.



I can better understand the commandments by reading the scriptures and The Friend Magazine. They help me learn by example how Heavenly Father wants me to live my life.



I can go to church each week  
and keep the sabbath day  
holy. Taking the sacrament  
reminds me of the promises  
I made to follow Jesus Christ.