

Keep the Commandments Sway & Freeze


Sway and freeze throughout the song or use the frozen words poster to guide what words to pause movement on!

Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

[https://www.primarysinging.com/
keep-commandments-sway-freeze/](https://www.primarysinging.com/keep-commandments-sway-freeze/)

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Keep the commandments;
keep the **commandments!** In
this there is safety; in this
there is **peace**. He will **send**
blessings; He will send
blessings. Words of a 
prophet: Keep the
commandments. In this there
is **safety** and **peace**.



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