

Balloon Bounce – Review Game

If you can think back all those years to when you were a young child – what is the number one thing to do with a balloon? That’s right – play the game to keep it up off the floor! We’re taking that concept and making a fun review game called Balloon Bounce out of it with this exciting activity to build in lots of singing time repetition to review whatever Primary song you’re working on.

Supplies Needed:

- Latex Balloons

How to Play:

Fill your balloons with your mouth – you don’t want helium in these! Store the balloons in a large trash bag and tuck them out of sight, maybe behind the pianist or in the Primary closet so you don’t spoil the surprise!

Sing through your selected song first before introducing your activity.

Then, tell the children you brought a game today that you think they will be absolute pros at! Give them clue to help them guess what you brought. Such as: It’s very colorful. It floats. It’s something at a birthday party. It makes a loud sound when it pops. Etc.

When the kids guess correctly that you have balloons in the Primary room explain the rules FIRST! The balloons will be SO much fun, but they also will have some children popping right out of their seats and getting a little extra excited. There are a few ways you can play, here’s some ideas:

- **Partner Bounce:** Have the children partner up into groups of 2-3. Each group will pass with a light toss (or bounce with the palm of their hand) the balloon to the next player around in a circle. You can follow the melody and try to bounce on each word or try follow the beat bouncing in a rhythmic pattern. Then, expand and have 2 groups pair up and try it with a larger circle. Keep getting into bigger groups until the Primary is combined and playing together around one big circle.
- **Team Competition:** Have the teachers help pick 2-4 children from their class to go up front to help with the balloon bounce. The competition will be the volunteers versus the Primary! The Primary children will sing through the song while the children try to keep the balloon up off the ground. If the balloon touches the ground before the song ends, the Primary room scores one point. If the song ends with the partners successfully keeping it afloat the whole song the teams side scores a point!
- **Room Bounce:** Have the children spread out their chairs so there’s a little extra space between them (optional – but helpful). Try to cover the main area of the Primary room with kids in chairs. The children MUST stay in their chair but can reach out their hands and feet to try to keep the balloon afloat. Start with 1 balloon and add additional balloons after singing a few times to up the challenge.
- **Last Group Standing:** Have the children from groups by class or in small groups around 3-6 children. The groups will all be working against each other to see which group can stay in the longest! If a group drops the ball, have them sit quietly in their chairs (or on the floor if you’ve moved the chairs out of the way) the rest of the song. You can have everyone sing the whole time, or have them join in singing as soon as they are “out” for the round.
- **Volleyball:** Have the two sides of the room turn their chairs to face each other. This game will play similar to volleyball. Each side will try to keep the balloon on the OTHER side of the room. When it’s on your side, you have to sing! This will give a fun popcorn singing affect. If the balloon touches the ground, you can either tap it back in and keep going or have the whole room sing together the rest of the song.



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