

# Gethsemane

## Egg Shakers

I prefer to start an activity by singing through the song first. But after that, we jump right in! To making passing out egg shakers fast and easy, I add 7-8 to a small canvas bag and hand one bag to each class to hand out. They keep the bag (or hand it to their teacher) until it's time to clean up and then bring me back the bag.

### Egg Shaker Patterns:

- **Slow Beat / 2 shakes per measure** - (Jesus) climbed the / hill to the / garden / still His / steps were / heavy and / sl- / ow
- **Fast Beat / 6 shakes per measure** - cli / mbed / the / hi / ll / to the / ga / r / den / sti / ll / his - Just continue at a steady, quick pace
- **Once per word** - Shake at the beginning of each word. Since Gethsemane is so long and held out, we shook our eggs like crazy whenever we sang the "Gethsemane" phrase. But some of the other words you have to hold out and resist the urge to shake! It's quite fun! Jesus / climbed / the / hill / to / the / garden / still / His / steps
- **Shake out the song** - Come up with simple shakes that feel like you are acting out the lyrics of the song. For example:
  - "Jesus climbed the hill" shake the eggs starting low and moving up, up, up in a curve like a hill.
  - "To the garden still" cup the egg in your hands and hold it as still as possible.
  - "His steps were heavy and slow" shake to the left side of you and then right side of you in slow even "steps" like you're walking.
  - "Gethsemane" constant shaking
  - "Jesus loves me" draw a big heart in front of you with the egg shaker
  - "So he went willingly to" stretch egg out far in front of you and back towards your belly
  - "Gethsemane" constant shaking

Because of the length of the song, if you're doing the song the whole way through, you'll probably want to pick just 2 of these egg shaker patterns. I'd recommend one of the beat rhythms and by word!



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