

# Redeemer of Israel Cup Actions

## How to Play:

- Sing through Redeemer of Israel once before bringing out the plastic cups.
- Then, pull out the cups and start the first pattern to demonstrate it. Can you follow along? Try the pattern with your hands.
- Start from the beginning and have the kids follow with their hands mimicking the pattern. Freeze after “Redeemer of Israel” line.
- Explain the rules of using the cups (follow along, don’t crush them, etc) and then pass them out.
- Start from the beginning and freeze after each line to introduce the next action, then build up adding an additional line of the song each time. Or, simply let them follow your lead, and sing through the song a few time in a row until everyone has the actions down.
- Invite a class to come up to the front and lead the actions. Then let another class lead!

## Redeemer of Israel Cup Actions:

- Pass out 2 cups to each child. They will hold one in each hand.
- “Redeemer of Israel” – Lap / Clap / Lap / Clap / Lap / Clap  
Clap both cups onto your lap, then clap them together with the open sides facing, repeat x2.
- “Our only delight” – Smile  
Hold up the 2 cups like a big smile with the bottom ends touching in front of your face.
- “On whom for a blessing we call” – Ear & Mouth  
Put one cup over your ear and the other cup in front of your mouth like you are making a call!
- “Our shadow by day” – Low Dab  
Hold both cups down to the far right way from you like they are casting a shadow.
- “And our pillar by night” – Pillar  
Stack the cups on top of each other with the bottom ends touching, making a pillar.
- “Our King our Deliv’rer our All” – 3 Cheers  
Clink cups with a neighbor (or your own cups if social distancing) on King, Deliv’rer, All

## Extension Activities:

- You can teach the actions with just their hands first, then pass out the cups after and let them try it with the cups if you have a large Primary this can help cut down on noise and chaos.
- Ask the kids to help you come up with the next action! You can either add new actions within the sequence or swap out some of my actions for their own ideas! Or, simply have mine ready as a backup idea, but ask the kids for ideas of what action to use.
- Hand out one cup to each child and have them complete the pattern with a partner!

# LAP & CLAP




# SMILE





# CALL



# SHADOW



# PILLAR



# DELIV'RER





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