

Seek the Lord Early – Relay Race

How to Play:

- I recommend picking just the 1st or 2nd verse (not both) but if you have a small Primary you could probably make it through both. You might want to do the 1st verse all the way through, then move onto the 2nd verse to help the kids remember the tasks.
- Pair an older child with a younger child and make groups of 2-3 until everyone has a partner. I recommend having 2-4 groups of teams work through the relay while the rest of the Primary sings through the song and waits for their turn.
- Explain to the children what each step of the relay race entails. The different challenges are outlined below.
- My thought was they would complete one step of the relay race, and then PAUSE! Everyone pauses singing and the racers pause until both sides are finished. Then, continue through the next line and the next challenge, line by line. You can point out that the colored lines in the poster are to help them to remember to STOP and wait before the next challenge.
- Adding in pause breaks will help lower the chaos and the kids will work more as a team of singers vs racers!
- Remind the children before starting the relay race that you like to bring in fun activities, but if it gets too crazy we'll have to go back to our seats and sing without the activity.
- Sing through the song as many times as it takes to get all your groups through the relay race!

Supplies:

- Chairs from the Primary room or other obstacles, scriptures, rope, prophet pictures printed or from your ward library, chalk or paint tape to create hopscotch, picture of Christ.

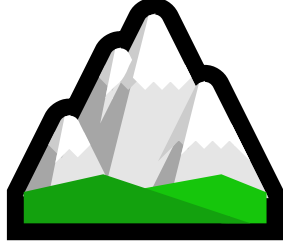
Seek the Lord Early – Verse 1 Relay Race:

- “I’ll seek the Lord early while in my youth” – The older child skips (hops, jumps, etc – pick a fun movement!) to the younger child while on the opposite side of the room.
- “And he will help me to know the truth.” – Together weave through an obstacle course and dodge the traps! You can turn chairs to create an obstacle line or bring in a variety of boxes.
- “I’ll search the scriptures and find him there” – Flip open the scriptures and search until you find the word “Jesus”!
- “Then go to our Father in fervent prayer.” – Spin and then end by kneeling in prayer.

Seek the Lord Early - Verse 2 Relay Race:

- “I’ll seek the Lord early, and I’ll obey” – Walk on a rope on the ground balancing foot after foot.
- “His living prophets in all they say.” – Find all 4 sets of matching prophets! Then, return them face down.
- “I’ll keep his commandments; his love will abound.” Play hopscotch in heart shaped spaces or to a heart shaped space at the end of that’s easier to setup.
- “I will seek the Lord early, and he will be found.” Run to a picture of Christ!

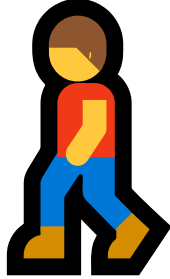
OLD → → **YOUNG**

AVOID  **TRAPS**



FIND JESUS

SPIN  **& KNEEL** 

WALK  ON ROPE

PROPHET = MATCH

 HOPSCOTCH 

RACE  CHRIST



President Nelson



Joseph Smith



President Nelson



Joseph Smith



President Monson



Brigham Young



President Monson



Brigham Young







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