Mary's Lullaby Sway & Sing

How to Play:

1. At the beginning of primary, start by reviewing both verses and the chorus of Mary's Lullaby.
2. Then, give the kids a challenge and ask them to count how many times the song says the word "lullaby." The answer is 6!
3. Invite the children to stand up and sing through the song again. This time, have the children sway while pretending to "rock a baby" by rocking their arms back and forth every time they sing the word "lullaby."
4. Sing through the song a few more times, swaying when you sing "lullaby."
5. Then, choose another keyword for the children move to in addition to "lullaby." Some examples might include the words "little" or "child."
6. Continue practicing the song as you move and sway along!

Extension Activities:

- Have each side of the room take turns swaying back and forth! Each time you sing the word "Lullaby," point to one side of the room. Have that side sway back and forth while the other side sings the words. This requires the kids to pay extra close attention as they sing!
- Instead of swaying, have the children stand up each time they sing "Lullaby." Have them sit down while they sing until this word comes up. You could even make it a game and see who stands up the fastest!
- Come up with another fun way to isolate a single word in the song. Instead of singing the word lullaby, you could hum, clap, or even tap the word!
- Switch off swaying each phrase. Have the children sway for the first line of the song, then stand still for the second. Then, have them start swaying again for the third and standing still for the fourth. Continue throughout the entire song!

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