

# Kindness Begins with Me Partner Rhythms

Use these two contrasting rhythms – one with rhythm sticks and one with dance scarves and then swap with a new friend after each time!

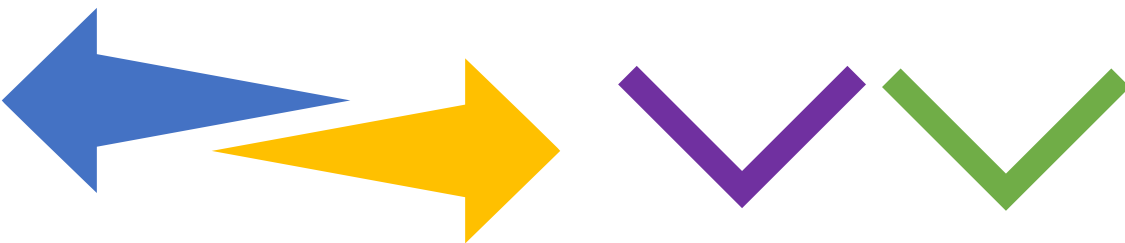
Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

<https://www.primarysinging.com/kindness-begins-with-me-partner-rhythms/>

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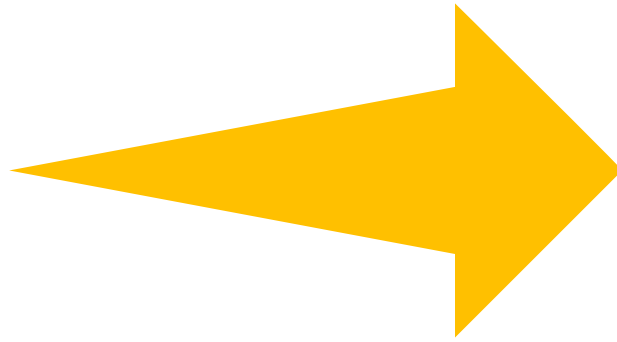
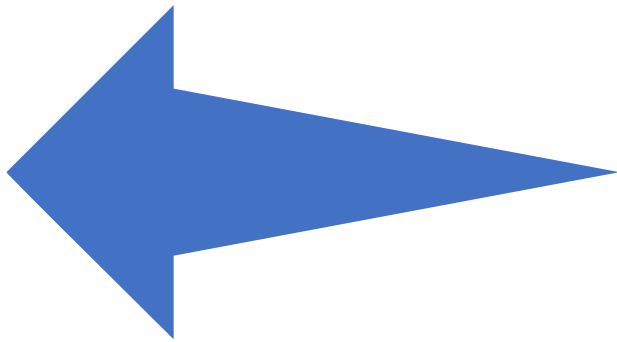
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# Kindness Begins with Me – Partner Rhythms Chart





**Tap on Each Word**



**Swish Right & Left**



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