

Family History-I am Doing It Cup Pattern

Use this repeatable cup pattern with easy actions as you practice this song in primary!

Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

<https://www.primarysinging.com/family-history-i-am-doing-it-cup-pattern/>

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Cup Pattern:

LEFT TAP DOWN 3X

RIGHT TAP UP 3X

 REPEAT 

DRAW HEART

HAND TOSS 2X

REPEAT ENTIRE
PATTERN  



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