

I Pray in Faith Prayer Yoga

Use these fun different poses to focus and center yourself as you learn about prayer.

Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

[https://www.primarysinging.com/
i-pray-in-faith-prayer-yoga/](https://www.primarysinging.com/i-pray-in-faith-prayer-yoga/)

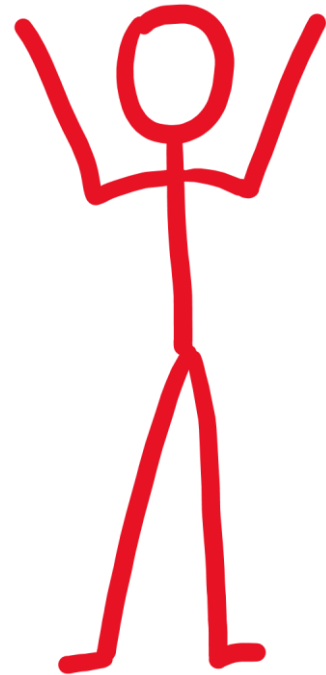
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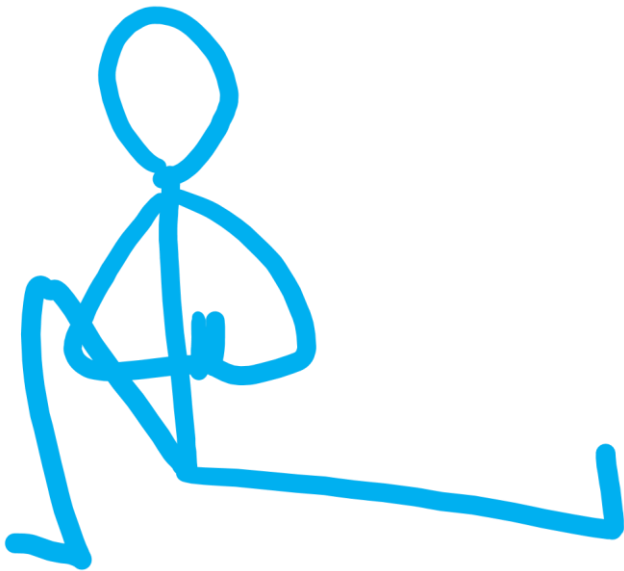
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I kneel to pray
ev'ry day.



I speak to
Heav'nly Father



He hears and
answers me



when I pray
in faith.



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