

The Covenant Marching Challenges

Try these 5 simple marching challenges for a fun way to add some movement as you teach this song in primary!

Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

<https://www.primarysinging.com/the-covenant-marching-challenges/>

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The Covenant Marching Challenges

How to Play:

- You will love this easy, low-prep marching activity! The idea behind this activity is to add some movement by marching as you sing this song.
- I've come up with 5 simple marching challenges to try as you practice The Covenant in singing time. All 5 of these challenges are great for both Junior and Senior primary children. Try each challenge one at a time and see if you can get through all 5 during primary!
- Start by singing through The Covenant once before having everyone stand up.
- We're going to do some marching! Begin marching a steady beat and have the kids follow you. Start singing the verse, keeping a steady beat as you sing.
- Now, we're going to see how LOUDLY and SOFTLY we can march. When I put my finger to my lips, that means we are going to march quietly. When I put my hands up like a microphone, march as loudly as you can! Ready?
- For the third challenge, split the room into two groups. Point to one group at a time to indicate whose turn it is to march.
- Can you march like a pirate? Let's see who can stand on one leg the longest! Can anyone do it for the entire song?
- Challenge #5 is a slowwww or fast march! Way to go! Which challenge was your favorite? Let's try that one more time.

5 Marching Challenges:

1. **March to the Beat:** This one will be really simple! Just march to the beat
2. **Loud/Soft March:** Switch off between marching loudly and softly using hand signals, such as putting your finger to your lips for a quiet march and cupping your hands around your mouth like a megaphone for a loud march
3. **Right/Left March:** Divide the room in half. Point to either the left or the right side to take turns marching as you sing.
4. **Pirate (One-Legged) March:** Try to stand on one leg as you sing! Who can keep their balance the longest?!
5. **Slow/Fast March:** Alternate between a slow and a fast march

Extension Activities:

- Cut out the marching challenges into strips and put them in a bowl. Each time you sing through the song, pick a new challenge.
- Follow the leader! Pick a volunteer to come up and begin the steady march. This will set the beat. Follow the leader and march to the beat as you sing. If they speed up the tempo, see if you can keep up the pace!
- Try a few simple actions to swap out the marches, such as clapping or patting your knees

Marching Challenges



March to the Beat



Loud/Soft



March



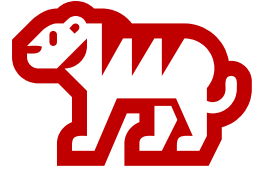


Right/Left

→ March



Pirate March



Slow/Fast



March

You Pick!



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